



## SUBWAY® Restaurants LacrosseTalk National Rankings

(as of June 29, 2009)

### Senior A Lacrosse Top 7

(Major Series Lacrosse & Western Lacrosse Association)

Rank	Team	League	2009 Record	Last Week
1	Victoria Shamrocks	WLA	9-1-0	1
2	Six Nations Chiefs	MSL	7-2-0	3
3	Coquitlam Adanacs	WLA	7-3-0	2
4	New West Salmonbellies	WLA	7-3-1	4
5	Peterborough Lakers	MSL	7-3-0	5
6	Brampton Excelsiors	MSL	7-5-0	NR
7	St. Regis Indians	MSL	7-5-0	6
<b>Honourable Mention – KW Kodiaks</b>		MSL	6-5-0	7

### Junior A Lacrosse Top 10

(Ontario Jr. A Series, BC Jr. A Lacrosse League & Alberta Jr. A Lacrosse League)

Rank	Team	League	2009 Record	Last Week
1	Orangeville Northmen	OLA	15-1-0	1
2	Coquitlam Adanacs	BCJALL	18-1-0	2
3	Burlington Chiefs	OLA	13-3-0	4
4	Brampton Excelsiors	OLA	13-3-0	3
5	Victoria Shamrocks	BCJALL	15-5-0	5
6	St. Catharines Athletics	OLA	11-6-0	6
7	Six Nations Arrows	OLA	12-6-0	8
8	New West Salmonbellies	BCJALL	11-7-1	7
9	Peterborough Lakers	OLA	8-8-0	9
10	Calgary Raiders	Alberta Jr. A	11-4-0	10
<b>Honourable Mention – Burnaby Lakers</b>		BCJALL	10-10-0	NR

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**For up to date schedules, scores and statistics visit:**

[www.theboxrocks.com](http://www.theboxrocks.com) – **Western Lacrosse Association**

[www.majorserieslacrosse.net](http://www.majorserieslacrosse.net) – **Major Series Lacrosse**

[www.ontariolacrosse.com](http://www.ontariolacrosse.com) – **OLA Junior A Lacrosse League**

[www.bcjunioralacrosse.com](http://www.bcjunioralacrosse.com) – **BC Junior A Lacrosse League**

[www.abjralacrosse.com](http://www.abjralacrosse.com) – **Alberta Junior A Lacrosse**