



SUBWAY® Restaurants LacrosseTalk National Rankings

(as of July 6, 2009)

Senior A Lacrosse Top 7

(Major Series Lacrosse & Western Lacrosse Association)

Rank	Team	League	2009 Record	Last Week
1	Victoria Shamrocks	WLA	11-1-0	1
2	New West Salmonbellies	WLA	8-3-1	4
3	Peterborough Lakers	MSL	10-4-0	5
4	Six Nations Chiefs	MSL	9-4-0	2
5	Brampton Excelsiors	MSL	9-5-0	6
6	Coquitlam Adanacs	WLA	7-5-0	3
7	St. Regis Indians	MSL	7-6-0	7
Honourable Mention – Langley Thunder		WLA	5-5-1	NR

Junior A Lacrosse Top 10

(Ontario Jr. A Series, BC Jr. A Lacrosse League & Alberta Jr. A Lacrosse League)

Rank	Team	League	2009 Record	Last Week
1	Coquitlam Adanacs	BCJALL	20-1-0	2
2	Orangeville Northmen	OLA	16-2-1	1
3	Burlington Chiefs	OLA	16-3-0	3
4	Brampton Excelsiors	OLA	15-3-1	4
5	Victoria Shamrocks	BCJALL	15-6-0	5
6	Six Nations Arrows	OLA	13-6-1	7
7	St. Catharines Athletics	OLA	12-6-0	6
8	New West Salmonbellies	BCJALL	13-7-1	8
9	Calgary Raiders	Alberta Jr. A	12-4-0	10
10	Burnaby Lakers	BCJALL	11-10-0	NR
Honourable Mention – Peterborough Lakers		OLA	9-10-0	9

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For up to date schedules, scores and statistics visit:

www.theboxrocks.com – **Western Lacrosse Association**

www.majorserieslacrosse.net – **Major Series Lacrosse**

www.ontariolacrosse.com – **OLA Junior A Lacrosse League**

www.bcjunioralacrosse.com – **BC Junior A Lacrosse League**

www.abjralacrosse.com – **Alberta Junior A Lacrosse**